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### Comments: When One's Birthday Opens Up a Cosmological Pandora's Box

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Thus in the continuing conversation, not debate, on reproductive health and related issues in Philippine public space, such voices alongside those of other stakeholders would test whether any policy or program—mandated by the Reproductive Health Law or voluntarily offered by NGOs and faithbased communities—are informed by the health sciences, respectful of religious freedom, and protective of people's cultural ethos.

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#### JULIUS BAUTISTA

## When One's Birthday Opens Up a Cosmological Pandora's Box

The common way of inquiring about someone's birthday in Binisaya is to ask, *kanus-a ka na tawo*?—literally, when did you become a person? It is an intriguing feature of the Visayan worldview, one that may well be rooted in an ancient cosmological order, that the quintessential stage of one's personhood is intuitively located not at conception but at the point in which we emerge into the world, when we take our first breath and attain an independent physical viability.

The notion that personhood is emplaced upon birth does have serious social and even political implications, particularly in the Philippines, where the debates about the recently passed Responsible Parenthood and Reproductive Health (RH) Law have been dominated by issues of sexual morality, theology, abortion, and the link between demography and economic development. Yet, why is it that cosmological beliefs about personhood have not been considered a source of crucial insight into these discussions, even though such beliefs are important to the majority of those who are the most affected by the RH Law's ramifications?

This problematic remained in my mind as I considered Hannah Bulloch's (2016) wonderful article, which is an attempt to grasp Visayan cosmological notions of fetal personhood in a manner that is well grounded in her observations of the practice of everyday life in Siquijor. It is refreshing and timely to read an ethnographically robust analysis that, at the very least, encourages us to take cosmology seriously in our discussions about such crucial legal and political issues. I agree with Bulloch's central argument that, from a Binisaya perspective, personhood is processual and that having a "soul" is seen as a necessary but not sufficient condition for being a person. But I would suggest, further, that if we are to really take cosmology seriously, we have a responsibility to cultivate a finely tuned and nuanced sense of the supernatural entities that condition what a person is from a Binisaya perspective, as well as the extended spectrum of the process of personhood.

With this in mind I offer what I hope could serve as an addendum to Bulloch's interpretation of the ethnographic data. I suggest that, in addition to the two stages of personhood discussed in her analysis, namely, *spiritual accompaniment* and *ensoulment*, there must be a much stronger emphasis on a third—that is, on one's development of consciousness and will, *buot*, which is an equally crucial, discernible stage in the process of personhood.

Resil B. Mojares (1997, 44) once wrote that personhood is not simply a matter of biology but of cosmology, and therefore it is important to grasp a Visayan worldview that conceives of everyday life as populated by a "surplus of souls." A serious consideration of this cosmological order, particularly as it pertains to developmental personhood, prompts us to be cognizant of the distinction between at least two kinds of supernatural presences.

Firstly, an embryo's entry into the world is preceded by a state of *spiritual accompaniment* in which a gestating fetus develops in tandem with what is known in Binisaya as an *umalagad*—literally a companion or cohort that advocates for and protects the unborn as it starts to gain substantive, discernibly human physical form. An umalagad is an entity that does not ensoul the fetus per se, much less consummate its "full" personhood. Bulloch never mentions umalagad. But I do not think that she would disagree with this point. Bulloch (2016, 218 n. 5) conveys what her knowledge collaborators describe as *kauban* in pointing out "a view of the soul as accompanying a person but not necessarily being the essence of them."

Where things become interesting pertains to the stage in which a spiritual entity ensouls—or I would suggest a better word, "enflames"—the unborn, just as it emerges from the female's womb. The *living* soul, that is, the one that animates the body of the unborn, is correctly identified in the article as *kalag*, literally, a flame. The crucial thing that should be specified, however, is that kalag infuses a newborn with *ginhawa*, a "life-breath," *only upon which* a baby attains a state of being a person and at which point it can be said to have been *natawhan* (literally, to be "empersoned").

Drawing upon a more conceptually precise notion of ginhawa and natawhan leads me to have some hesitations about Bulloch's (ibid., 215) claims that "ensoulment happens at conception." She suggests that even unborn or miscarried fetuses (that is, those who do not or no longer have ginhawa) are ensouled with kalag, with statements like "kalag of a child that has died at a pre- or perinatal stage" or "souls of the miscarried" (ibid., 213). Kalag, to be more precise, is concerned with a person's life only *after birth*, only after a baby has become natawhan, and has already become infused with ginhawa. I believe that Bulloch's article would probably benefit from a more nuanced distinction between umalagad and kalag in a way that takes greater consideration of the latter's spiritual function.

"[I]t is likely," argues Bulloch (ibid., 215), "that in practice relational personhood continues to develop in 'fullness' such as with birth, feeding, socializing, and so forth." With this notion, I agree, and would suggest that the discussion should be channeled toward examining the process by which a newborn who has become natawhan develops a consciousness of its being-in-the-world, or its buot. The forming of buot is only hinted at in Bulloch's article.

Like its counterparts loob (in Tagalog) and nakem (in Ilocano), any discussion of buot must always begin with an acknowledgment of its conceptual elasticity. Spanish dictionaries such as that of Mateo Sanchez (1611/1722) provide a basic definition of buot as "will" or "volition." Leonardo Mercado (1972, 582-83) defines it as "consciousness, consciences, awareness, degree of intelligence," "thoughts, mind, reason," or "consciousness." Beyond that, Mercado (ibid, 590) defines it as an attribute possessed by a person who is "morally good, conscientious" such that someone who is kind is buotan ("endowed with buot"). Conversely, to be without buot (walay buot) is to be "innocent" when applied to children or "irresponsible" when applied to adults. The linguistic derivatives of buot testify to its relationship to consciousness: kalibutan ("world," or consciousness of the world) and palibut ("surroundings") pertain not only to ethical volition but to phenomenological being-in-the-world, such that someone who is ignorant or has "no clue" is walay kalibutan. The development of personhood, therefore, continues into the early stages of infanthood, in which a baby's body, having been "enflamed" with ginhawa, gradually attains buot, whereupon it can be said that the infant is completely a person.

In fairness to Bulloch, her article is only concerned with fetal personhood, and a discussion of buot might fall outside of the analytical parameters that she has set. Nevertheless, if we are truly serious about considering cosmology as an important facet in the determination of fetal personhood, questions about buot must necessarily enter the frame. Bulloch's discussion is valuable because it inevitably opens up the proverbial Pandora's box, which I would characterize by channeling some confronting moral and legal issues that I have encountered during my own fieldwork in Cebu: Why worry about abortion when a fetus has not yet been inflamed by kalag? What are our responsibilities to children who are walay buot, walay kalibutan? These issues do not detract from what is a well-conceived ethnographic piece that should contribute toward a more progressive discourse about personhood.

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### MARY RACELIS

### Siquijodnon Voices Speak to the Philippine Church: Rethinking Personhood in Culture

Anthropologist Hannah C. M. Bulloch's (2016) ethnographic account of the Siquijodnon understanding of when a fetus becomes a person adds significant new elements to the long-debated reproductive health (RH) question, when does life begin? Her research reveals that the women of Siquijor see personhood as evolving through a gradual process of bodily formation during pregnancy. Respondents affirm that the soul is infused at conception, while personhood "is made" gradually over time into a social being endowed with a capacity to live a life. In their view, ensoulment is important but not sufficient to produce a person. This *processual* understanding of the fetus's personhood diverges significantly from the Catholic Church's view of conception as the fixed, one-time moment when *both* ensoulment and personhood take place.

### Personhood in Siquijor as a Process Linked to Soul Spirits

Bulloch's findings may be summarized in four sets of observations. First, personhood and ensoulment represent two different processes: a soul (*kalag, kaluluwa*) is infused at conception but does not constitute a sufficient condition for being a person (*tawo*). Rather, a person is formed over time, developing certain competencies during the life course. For some Siquijodnon, the transition from being only a partial to a full person finds its full achievement at birth; for others, at baptism; and for still others, later in life.

Second, when a woman misses her menstrual period for two months and subsequently bleeds, with or without taking any action to make that happen, the situation is simply defined as "delay" or *dugo ra* ("*dugo lang*," "just blood"). The discharge makes up the raw elements out of which a person *may* gradually emerge, but no more than that. An actual person develops "from blood to blood clot to a lizard-like entity that becomes a kind of person but not really a person" (ibid., 215). Evidence that a "real person" is in the process of formation comes sometime during the fourth to the sixth month when the woman feels movement in her womb ("quickening").

Third, the soul has value and agency, and merits respect in its own right even if it has not yet achieved full personhood. Should that status be removed from it by the accidental or deliberate termination of the pregnancy, the soul may become a spirit being. In the view of some Siquijodnon, that soul can become an angel, for others it goes to purgatory, while for still others it may have a chance at reincarnation. All too often, these unfinished persons' souls continue to roam around their former homes, haunting or posing threats to the living. Not really malevolent, they simply yearn for attention and to be treated as the more complete person they might have been (*kulang sa pakatawo*).

Fourth, proper rituals performed for the incomplete person can make a difference in a soul's trajectory. A fetus lost at three to five months may be satisfied with a simple prayer and being tenderly wrapped in a cloth to be buried on the family premises. Those in advanced stages from seven to nine months may warrant a coffin and cemetery burial just like regular deceased adults. The usual novena and special mass held after forty days and then again during the first death anniversary may be applied to them as "almost persons" worthy of being seriously mourned. Practices vary according to the socioeconomic status of the family and sets of beliefs.